**Fly Food Protocol-9L**

Continue stirring throughout the whole process

1. Boil 7.65 L of water
2. Add 71.1 g of agar and stir till completely dissolved
3. Add 247.5 g of brewer’s yeast
4. Add 468 g of cornmeal
5. Add 99 g of sugar
6. Stir continuously until mixture boils
7. Turn off the heat and stir for 15 minutes
8. Dissolve 21.6 g of tegosept in 82.8 mL of ethanol
9. Add the tegosept/95% ethanol mix–NEVER FORGET ANTI FUNGUS SOLUTION
10. Immediately pour while stirring (approx. 12 mL per vial and 50 mL per bottle)